

41. Šmarna gora race / 9.-10. Oct. 2020

The organizers are happy to announce that the 41st edition of the Smarna gora race will be held on Saturday, Oct. 10. in Ljubljana, Slovenia.

After a period, when organization of any kind of sport events was also in Slovenia not possible due to the unpredictable Covid19 situation, the traditional mountain Running race has got a green light from the authorities to host the event.

Because the “Smarna gora Record” was delayed in June, there will 2 races in October:

- on Friday, 9.10. in the afternoon there will be the “**25.Šmarna gora Record**” (1,8km; +360m) = very short uphill race, course record 11:08
- the traditional “**41.Šmarna gora Race**” on Saturday, 10.10.2020, start at 10:10

International class runners are welcome, of course respecting the Covid19 restrictions. Only runners from so called “green” countries are allowed to enter Slovenia without any limitations /see attached picture of Europe and link to the web page/

As in the past, interested runners shall contact the LOC to agree their participation. They can find the details on the updated web page... <http://smarnogorski-teki.smarnogorska-naveza.si/>

The organizer will offer special, stimulating arrangements to the runners who will participate both races.

Smarna gora race hosted 18 the final race of the World Cup and in 2020 it was declared as “**WMRA Greatest race all times**”, which could be understood as the highest international recognition for the organizers.

“the green countries” - You can find the details [HERE](#).

<https://www.nijz.si/en/list-countries-crossing-national-borders-without-restrictions>



Šmarna gora Races 2020

The year 2020 was undoubtedly marked by the Kovid19 virus. In March, the world began to turn a little differently.

Thus, the implementation of running events in October will take place according to a customized program.

In August, the organizers submitted a proposal for measures to the National Health Institute, which was approved. The confirmation was undoubtedly significantly influenced by the assurance that we will adapt the measures to the current situation, which may change significantly from August, to the day of the event.

In both events, the Friday Record, and the Saturday Run, we will take into account the recommendations and requirements of the profession as much as possible. All phases of both events will take place according to a customized program - registration, start, the course, finish and of course the announcement of results. We will provide the necessary quantities of appropriate masks and disinfectants for hands and work surfaces, and we will manage the events in such a way as to prevent physical contact and contact as much as possible.

As we defined in the study, we will adjust the specific conditions to the currently valid rules.

The organizers

Attachment: Permission



Rekord Šmarne gore - 9.okt.2020
Tek na Šmarno goro - 10.okt.2020



MNENJE

Nacionalnega inštituta za javno zdravje

Na podlagi pregledane vloge podajamo naslednje mnenje o izvedbi dogodka:

- pozitivno mnenje
- negativno mnenje
- mnenja ne izdamo

Postopek vodil: Center za zdravstveno ekologijo

Datum: 24. 08. 2020

Komentarji, predlogi: Vse navedene ukrepe za preprečevanje prenosa obolenja covid-19 je potrebno dosledno izvajati. Ključnega pomena so: dogodka naj se udeležijo zgolj zdrave osebe; stalno vzdrževanje ustrezne priporočene fizične razdalje med obiskovalci; higiena rok in higiena kašlja; čiščenje in razkuževanje površin, s katerimi prihajajo v stik obiskovalci. Na prireditvi lahko nastopijo le zdravi športniki, brez znakov okužbe dihal (kašelj, kihanje, izcedek iz nosu, bolečine v mišicah in sklepih, bolečine v žrelu, vročina, glavobol) ali driske. Pred nastopom svetujemo podpis izjave o zdravstvenem stanju. Priporočila NIJZ za preprečevanje okužbe s SARS-CoV-2 za športnike so objavljena na spletu:

https://www.nijz.si/sites/www.nijz.si/files/uploaded/priporocila_za_registrirane_sportnike.pdf

Startni protokol in sama tekma naj potekata po navodilih panožne zveze.

